

Services Available:

- Individual occupational and physical therapy evaluations and treatment.
- Group treatment:
 - **Helping Hands:** Programs providing constraint-induced movement therapy for children diagnosed with cerebral palsy and upper extremity hemiplegia.
 - **Leaps and Bounds:** Therapy programs for children diagnosed with autism spectrum disorder and demonstrating other sensory-motor issues.
 - **Art Exploration:** An art class run by a therapist and a professional artist for children with special needs to experience the world of art.
 - **Ready, Set, Write:** A pre-writing and hand-writing group for pre-schoolers, Kindergartners, and first graders
 - **Bike Riding:** For children to learn how to ride a 2-wheeler.

Many groups are provided as:

- After-school programs
- Holiday break camps
- Mini camps for preschoolers
- Summer camps.

Contact Intensive Therapeutics at:

973-771-1582

or visit our website at:

www.intensivetherapeutics.org

for more information about:

- **Sliding scale fees**
- **Dates and times**
- **Cost**
- **Donations/Fundraising**
- **Volunteering**

Services are offered at:

- **Baby Power/Forever Kids**
430 Springfield Avenue
(Kings Shopping Center)
Berkeley Heights, NJ 07922
(908) 464-2233
- **Visual Art Center of New Jersey**
68 Elm Street
Summit, NJ 07901
- **The PEP Club**
42 Liberty Corner Road
Warren, NJ 07059
- **Presbyterian Church in Westfield**
140 Mountain Avenue
Westfield, NJ 07090



Intensive
Therapeutics INC.

A Nonprofit Organization
www.intensivetherapeutics.org

**THERAPEUTIC
PROGRAMS FOR
CHILDREN WITH
SPECIAL NEEDS**

For more information contact:

Scott Matthews, OT, MS

973-771-1582

scott.matthews@intensivetherapeutics.org



About Us

Intensive Therapeutics is a 501 (c) (3), non-profit, charitable organization that provides group and individual therapy services to children with special needs.

The organization was established in 2005 to address the needs of families who wanted individualized services by licensed professionals in a *non-medical* environment.

What makes us unique, we. . .

- are a community-based program. *Not* a hospital or large therapy clinic.
- provide individual and group therapy services.
- use a family centered approach.
- provide individualized and goal oriented treatment; no cookie cutter approaches.
- create a fun experience where kids can achieve their maximum potential.
- utilize peer models.
- emphasize the intensity of therapy.
- have a small and experienced staff.
- participate in research studies with local universities to promote best practices.
- have received national and local recognition for our unique approaches and results.

Staff Highlights

Scott Matthews

Scott is the founder and executive director of Intensive Therapeutics.

Prior to becoming an occupational therapist, Scott was a social worker for 7 years. In 1997, Scott graduated from Kean University with a post-baccalaureate major in occupational therapy. He earned a post-professional master of science degree in health science, with a specialization in movement science, from Seton Hall University in 2005. As an occupational therapist, Scott has worked in various settings with adults and children. He has been an adjunct professor at Kean University.

In January 2009, Scott was highlighted in the Star Ledger, "Meet Your Neighbors" column. This article described the development, mission and vision of Intensive Therapeutics and its community involvement.

Elizabeth Duffy

Elizabeth earned a bachelor's degree in occupational therapy from Elizabethtown College in 2001. She is currently an adjunct professor at Kean University. She is certified to administer the Sensory Integration and Praxis Test (SIPT) and is also certified in The Listening Program.

Natalie Smith-Zuzovsky

In 1998, Natalie received her master of science degree in occupational therapy from Towson University where she concentrated on pediatrics. She has received certification to give the Sensory Integration and Praxis Test (SIPT) and is certified in Therapeutic Listening.

Patrick Cerria

Patrick is classically trained in piano and percussion and has received his post-graduate certificate to teach Dalcroze Eurhythmics from The Juilliard School in Manhattan.

Staff Highlights

Yonna Bliner

In 2002, Yonna graduated with a master of sciences degree in physical therapy from Northeastern University. She has worked in pediatrics in a variety of settings including early intervention, hospital-based, and preschool settings. She is presently pursuing a clinical doctorate degree in physical therapy.

Craig Kaufmann

In 2007, Craig earned a master of science in occupational therapy from Kean University. Craig was awarded the Who's Who Among Students in American Universities and Colleges (2007).

What's new. . .

For 2009, Scott is proud to announce the new partnership with Baby Power/Forever Kids in Berkeley Heights. This collaboration will help Intensive Therapeutics expand its programming to include: Hand Writing Groups, Bike Riding Programs, individual occupational therapy evaluation and treatment and other services based on the needs of families of children with special needs in this community.

This partnership also supports the vision that children with special needs can receive therapy services within their own community where *all* children go to play.



All groups and/or services have been developed based on parent and caregiver recommendations and needs. If you have a need and know other caregivers with similar needs, please contact our office.